



Lutheran

LOCAL

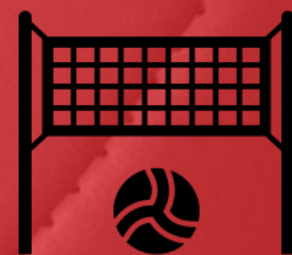
Orange County Athletic League

Volleyball



Current NHFS rules apply w/the following exceptions:

— Updated Fall 2023 —



LOCAL

youth volleyball rules

‡ JR-HI & ELEM ‡

2
- out of -
3

‡ MATCHES ‡

Best -2- out of -3- Games
Winning team must win by -2- Pts
to constitute a legal game.



‡ FRIENDSHIP GAME ‡

It is req'd that a "friendship game"
(to 15 Pts) be played if one team
wins the 1st two games (except in playoffs).



‡ WARM-UP ‡

4-Min "Hitting" ⇔ 1-Min Serving"
will be announced by the official prior
to the 1st game, with 1-team
(at a time) using the court



‡ TIME OUTS ‡

-2- Per Game ⇔ Each Team



‡ SCOREKEEPERS ‡

Home team an adult SK with
at least a flip score chart.



‡ SWITCH SIDES ‡

Teams will be req'd to switch sides at
-8- points if the match is being
played outdoors and this is the
deciding 3rd game.



‡ LIBERO ‡

When used, must be designed on the
lineup sheet prior to the game.

‡ ELEMENTARY ‡ EXCEPTIONS



‡ SUBS ‡

There shall be no limit on the number
of team of individual subs allowed.



‡ SERVING AREA ‡

The serving area shall extend into the
court a distance of -3- ft and shall be
marked with a clearly visible line or
indicator. Players can serve overhand
or underhand from this position.

‡ GOOD-2-KNOW ‡



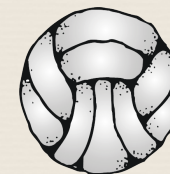
‡ GAME FEES ‡

Refs collect from each Coach.

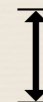


‡ INCLEMENT WEATHER ‡

A game should be deemed unplayable by
both Coaches during bad weather.



‡ REMINDERS ‡



‡ NET HEIGHT ‡

7' | 4 1/4"



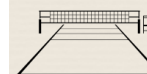
‡ PADDING ‡

All poles & referee stands
(if applicable), must be padded.



‡ COIN TOSS ‡

Coaches are encouraged to attend
Captains meeting for the coin toss



‡ LINES ‡

Each team must provide a player or adult
to "CALL LINES" for each game.