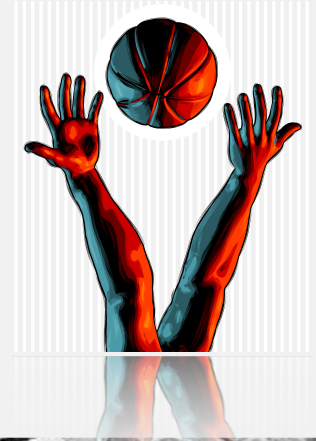


Lutheran

LOCAL

Orange County Athletic League

Basketball



Current NHFS rules apply
w/the following exceptions:

— Updated Jul 2021 —



LOCAL

youth basketball rules

‡ ELEM 5&6 ‡



‡ GAME CLOCK ‡

Four -10- Min Running Qtrs
-5- Min Half



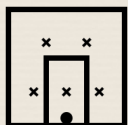
‡ STOP CLOCK ‡

- Last 2-Min's ⇔ 10-Pts or Less↓
- During Free Throw's



‡ OVERTIME ‡

-2- Min's Each Quarter



‡ ELEM MERCY RULE ‡

4TH Qtr ⇔ 20+Pts ⇔
No Backcourt Press

1 Tech Foul ⇔ 2ND Warning

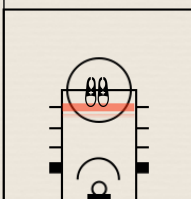


‡ TIME OUTS ‡

-3- Full ⇔ -2- :30 Sec
-1- Add'l T/O ⇔ In Each O/T

‡ FREE THROWS ‡

NFHS ⇔ On The Release
5/6 Grade ⇔ 12' Feet



‡ JR-HI 7&8 ‡



‡ GAME CLOCK ‡

Four -8- Min Qtrs
Regulation Clock



‡ HALFTIME ‡

-5- Min's



‡ OVERTIME ‡

-4- Min's Each Quarter



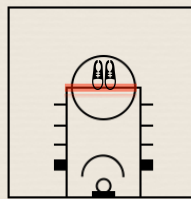
‡ JH MERCY RULE ‡

No Running Clock Enforced



‡ TIME OUTS ‡

-3- Full ⇔ -2- :30 Sec
-1- Add'l T/O ⇔ In Each O/T

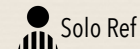


‡ FREE THROWS ‡

NFHS ⇔ On The Release
7/8 Grade ⇔ 15' Feet

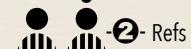
‡ LOCAL ‡ REMINERS

Elem 5/6



Solo Ref

Jr. High 7/8



2- Refs



‡ OBSERVE NFHS ON ‡

BOTH ELEM & JR HIGH LEVELS

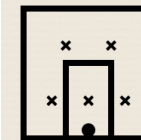


- ▶ Fouls -5- Personal
- ▶ Bonus On 7 & 10
- ▶ Girls Ball ⇔ 28.5
- ▶ No Jewelry or Tape Covering Jewelry



‡ PRESSING ‡

- ▶ Div 1&2 ⇔ Pressing is allowed
- ▶ 5&6 Grade ⇔ No back-court press in Qtr's 1-2-3
- ▶ Neither team can back-court press in the 4TH Qtr if the score is 15+pts



‡ TECHNICALS & FLAGRANTS ‡

- ▶ An entering sub may shoot the "T"
- ▶ Unsportsman-like player T's also applied to the coach.
- ▶ "T" #2 = Coach Ejection + Game Over



‡ GOOD -2- KNOW ‡

Game Fees
Refs collect from each Coach.



Inclement Weather

A game should be deemed unplayable by both Coaches during bad weather.

