



Christian

**A L O C**

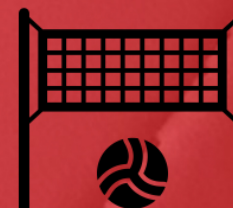
Athletic League of Orange County

*Volleyball*



Current NHFS rules apply w/the following exceptions:

— Updated Fall 2023 —



# CALOC

youth volleyball rules

## ‡ JR-HI & ELEM ‡

2  
- out of -  
3

### ‡ MATCHES ‡

Best -2- out of -3- Games  
Winning team must win by -2- Pts  
to constitute a legal game.



### ‡ FRIENDSHIP GAME ‡

It is req'd that a "friendship game"  
(to 15 Pts) be played if one team  
wins the 1st two games (except in playoffs).



### ‡ WARM-UP ‡

4-Min "Hitting" ⇔ 1-Min Serving"  
will be announced by the official prior  
to the 1st game, with 1-team  
(at a time) using the court



### ‡ TIME OUTS ‡

-2- Per Game ⇔ Each Team



### ‡ SCOREKEEPERS ‡

Home team an adult SK with  
at least a flip score chart.



### ‡ SWITCH SIDES ‡

Teams will be req'd to switch sides at  
-8- points if the match is being  
played outdoors and this is the  
deciding 3<sup>rd</sup> game.



### ‡ LIBERO ‡

When used, must be designed on the  
lineup sheet prior to the game.

## ‡ ELEMENTARY ‡ EXCEPTIONS



### ‡ SUBS ‡

There shall be no limit on the number  
of team of individual subs allowed.



### ‡ SERVING AREA ‡

The serving area shall extend into the  
court a distance of -3- ft and shall be  
marked with a clearly visible line or  
indicator. Players can serve overhand  
or underhand from this position.

## ‡ GOOD-2-KNOW ‡



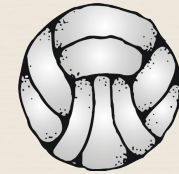
### ‡ GAME FEES ‡

Refs collect from each Coach.



### ‡ INCLEMENT WEATHER ‡

A game should be deemed unplayable by  
both Coaches during bad weather.



## ‡ REMINDERS ‡



### ‡ NET HEIGHT ‡

7' | 4 1/4"



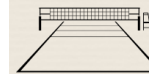
### ‡ PADDING ‡

All poles & referee stands  
(if applicable), must be padded.



### ‡ COIN TOSS ‡

Coaches are encouraged to attend  
Captains meeting for the coin toss



### ‡ LINES ‡

Each team must provide a player or adult  
to "CALL LINES" for each game.